

Mordialloc Sailing Club Junior Training Program

Code of conduct for Instructors, coaches & Parents

The Code v2

1. The fundamental **purpose** of the MSC Junior Program is to introduce and nurture children to the joys of sailing. Participants are to be helped to grow in character and personal confidence.
2. While some participants may go on to achieve regatta success, this will not be used as a measure of the success for the program. The main measure will be the retention of young sailors to the sport.
3. This Code **applies to all** activities associated with the MSC Junior Training Program at MSC and when participating in sailing events at other clubs.
4. Program is open to all Junior sailors regardless of class sailed.
5. Encourage and **support** opportunities for participation in all aspects of the sport.
6. Junior Sailors to be allowed to enjoy and value their positive experience of sailing.

7. Instructors, Coaches and support persons to hold a current "Working with Children Certificate".
8. Be familiar with "Victorian **Child Safety** Standards" as adopted by Mordialloc Sailing Club.
9. Be familiar with General Code of Conduct, as outlined in Members Handbook.
10. Do not tolerate inappropriate language or harmful or abusive behaviors, even in fun.
11. Never fail to respond to an allegation made by a child; always act.
12. Never allow inappropriate touching or engage in rough, physical or provocative games,
13. All decisions and actions to place the safety and welfare of Junior Sailors above all else.
14. Create a safe environment, **free of discrimination and harassment**. Harassment is unwelcome behavior by one person to another that is offensive, abusive, belittling or threatening.

15. Parents to not chastise their child for not achieving results expected by the parent. Parents must not make excuses for their child's sailing results. Let the child participate without the pressure of your expectations.

16. Adopt **responsible behavior** that includes integrity, objectivity, being honest, in control with courtesy to everyone both on water and on shore.
17. Adopt responsible behavior in relation to alcohol and follow the AS Anti-Doping Policy.
18. **Promote fair play** over winning and operate within the rules and spirit of sailing.
19. Respect the decisions of officials, coaches and administrators of the sport.

20. **Respect** the rights and worth of every person regardless of their gender, ability, cultural background or religion.
21. **Equally help each Junior Sailor** to enjoy and benefit from the program – respect the talent, developmental stage and goals of each person and compliment and encourage with positive and supportive feedback.
22. **Emphasis is on fun** rather than competition where learning and skills can be acquired from fun activities.

23. Instructors & Coaches to **show competency** in their role & be responsible for decisions made.
24. Instructors & Coaches are to adopt the following "Additional Instructing and Coaching Requirements" as if part of this Code.

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ADDITIONAL Instructing and Coaching REQUIREMENTS v2

1. *Follow the Australian Sailing Instructors and Coaches Code of Conduct irrespective of whether you are AS accredited.*
2. *Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.*
3. *Keep exercises short and varied.*
4. *On days where the weather prevents on water training, time spent on sailing theory to be restricted to 10 minute blocks. On any training day, no more than 3 x 10 minute sessions, sessions to be separated by a minimum of 30 minutes fun activities.*
5. *Don't expect children to remember long lists of instructions. Expect to explain each exercise as you reach it.*
6. *Junior sailors to be encouraged to rig and de-rig their own boats. Junior sailors are to be encouraged to adjust their rig themselves.*
7. *Never do things of a personal nature that children can do themselves.*
8. *Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development.*
9. *At an Information session at the beginning of the session the Coach/Instructor is to ensure that each RIB has a Swimmer in addition to the Driver. Until this is agreed then no sailors are to leave the beach. (parents can fill these roles but the Coach/Instructor & Assistant remain as the sole person(s) giving instructions to the sailors)*
10. *At an Information session with the sailors before leaving the shore the sailors are to be given clear instructions of where they are to go for the on-water session and the criteria that will be used to send sailors back to shore.*
11. *When there is a Club race planned for the same time, then one of the Coach/Instructor or delegates is to attend the Clubs Race Management meeting.*
12. *No sailors to leave the beach until one of the Coach/Instructor or Assistant's RIB's is on the water near the launching area.*